Consumer Medicine Information

What is in this leaflet
This leaflet answers some common questions about Sustanon. It does not contain all the available information. It does not take the place to talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you taking Sustanon against the benefits they expect it will have for you.

If you have any concerns about taking this medicine, ask your doctor or pharmacist.

Keep this leaflet.
You may wish to read it again.

What Sustanon is used for
Sustanon is used to treat confirmed testosterone deficiency in males.

The active substances of Sustanon are turned into testosterone by your body.

Testosterone is the natural male hormone produced by the testicles, necessary for the growth, development and function of the male sex organs and for secondary male sex characteristics. It is necessary for the growth of body hair, the development of bones and muscles, and it stimulates the production of red blood cells. It also makes men's voices deepen.

Preparations containing testosterone are used to replace testosterone in a person who has low or no natural testosterone (a condition known as hypogonadism).

Your doctor may have prescribed it for another reason.

Ask your doctor if you have any questions about why this medicine has been prescribed to you.

A doctor's prescription is required to obtain this medicine.

This medicine is not expected to affect your ability to drive a car or operate machinery.

Before you use Sustanon

When you must not take it
Do not use Sustanon if
• prostatic complaints (such as problems with passing urine).
• If you have sleep apnoea (temporarily stopping breathing during your sleep), it may get worse if you are using testosterone-containing products.
• Let your doctor know if you are worried about this.

Extra supervision by a doctor is necessary in the treatment of young boys.
• This is because testosterone administration may cause early sexual development and disturb growth.

Extra supervision by a doctor is also necessary in elderly men.
• This is because male hormones may increase the size of the prostate gland.

Sustanon should not be given to children under 3 years of age.
• This is because Sustanon contains benzyl alcohol.

Misuse of anabolics to enhance ability in sports carries serious health risks and is discouraged.

Taking other medicines
Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and Sustanon may interfere with each other. These include:
• anticoagulants or medicines used to prevent blood clots
• anti-diabetic medicines such as insulin used to treat diabetes.

These medicines may influence the effects of Sustanon or Sustanon may affect other medication. You may need different amounts of your medicines, or you may need to take different medicines.

Do not use this product if it has passed the expiry date printed on the pack, or if the packaging is torn or shows signs of tampering.
If it has expired or is damaged, return it to your pharmacist for disposal.

How Sustanon is given

How the injections are given
This medicine should only be given by a doctor or a nurse.

The injections are given deeply into a muscle (e.g. the buttock, upper leg or upper arm).

How much to take
Standard treatment is usually one injection of Sustanon 250 every 3 weeks.
Dosage should be adjusted by your doctor in response to individual requirements.

If you are given too much (overdose)
These injections are given under medical supervision and it is very unlikely that you will be given too much.

If several doses are given at once it is not a medical emergency. However you should consult your doctor as side-effects are dependent on dosage, dose interval and your individual sensitivity.

While you are using Sustanon

Keep all of your appointments so that your progress can be checked.

Your doctor may do some blood tests at regular intervals to make sure the medicine is working and to prevent unwanted side effects.

As far as known, Sustanon has no adverse effects on alertness and concentration.

Side Effects

All medicines can have side effects. Sometimes they are serious, most of the time they are not.

Do not be alarmed by the following list of side effects. You may not experience any of them.

Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Sustanon.

The side effects which are reported with testosterone therapy in general are:
• pain at the injection site
• itching
• acne
• nausea
• changes in liver function tests
• changes in cholesterol levels (changes in lipid metabolism)
• depression, nervousness, mood disturbances
• muscle pain
• fluid retention e.g. swelling of ankles and feet
• high blood pressure
• increased in the number of red blood cells
• increased or decreased sexual desire
• prolonged abnormal, painful erection of the penis
• disturbed formation of sperm
• breast enlargement in men
• prostatic growth to a size representative for the concerned age group
• increased levels of a blood marker which is associated with prostate cancer (PSA increased)
• increased growth of a small prostate cancer which has not been detected yet.

Some side effects have no symptoms. These side effects occur in some people.

Tell your doctor if you notice any other side effects.

Other side effects not listed in this leaflet also occur in some people.

Due to the nature of Sustanon, side effects cannot be quickly reversed by discontinuing medication.

After Using Sustanon

The effects of Sustanon do not stop immediately after discontinuation, but gradually subside.
Storage
Keep Sustanon in the original box in a safe place out of reach of children.
Keep it in a cool dark place where the temperature stays between 8 - 25°C. Do not refrigerate as this makes the product difficult to inject.
Do not use Sustanon after the expiry date stated on the label after the term 'exp'.

Disposal
Return any unused medicine to your pharmacist.

Product Description
What it looks like
Each pack contains a clear glass ampoule of an oily, pale yellow, clear liquid.
Do not use this medicine if the glass ampoules are broken or damaged or if the product doesn't look right.

Ingredients
Sustanon contains several testosterone esters as the active ingredients.
Each 1 mL of Sustanon '250' contains:
• testosterone propionate 30 mg
• testosterone phenylpropionate 60 mg
• testosterone isocaproate 60 mg
• testosterone decanoate 100 mg.
It also contains:
• arachis oil (base)
• benzyl alcohol (preservative)

Supplier
This medicine is supplied in Australia by:
Schering-Plough Pty Limited
Level 4, 66 Waterloo Road,
North Ryde NSW 2113
Australia
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